

Descopera Personalitatea si Relatia cu cei din Jur dupa Linia Inimii

Un articol de Maya

Stiati ca linia inimii este un indicator foarte important al personalitatii? Pe langa personalitatea, aceasta linie iti dezvaluie si calitatiile, defectele cat si modul in care esti perceput de cei din jur.

In imaginea de mai jos se observa 4 tipuri de linii ale inimii (cele ingrosate cu rosu).

Verifica-ti linia din palma ta si citeste mai jos interpretarea :

Interpretare:

A) In cazul in care linia inimii se termina sub degetul mijlociu, pot spune ca te-ai nascut pentru a fi lider. Esti o
CITESTE IN CONTINUARE

Sursa: secretele.com

IMPORTANT Ce drepturi avem în fața polițiștilor când suntem opriți în trafic. NU te lăsa

Înșelat

Daca circulati regulamentar si sunteti oprit de un echipaj de politie, sau daca “v-a prins radarul” trebuie sa stiti ca aveti si drepturi nu doar obligatii.



Politistii sunt obligati sa respecte anumite reguli si sa va prezinte anumite acte atunci cand ele sunt solicitate de “cel oprit” in trafic. Neprezentarea acestora si notarea refuzului organului de a prezenta aceste acte pot duce la anularea unei eventuale amenzi.

1. Trebuie sa se prezinte (ai dreptul sa-i ceri legitimatia, sa ti-o arate. Pe care este inscris numarul sau... E foarte folositor acesta in instanta).

2. Sa-ti spuna motivul opririi. Actele se cer pe un motiv (legea nu mai permite sa se opreasca masini si apoi sa se caute motive de amenda).

3. Daca este filtru, ai dreptul sa ceri ordinul de serviciu in care trebuie sa se regaseasca data si intre ce ore au voie sa faca filtru, strazile pe care actioneaza si numele persoanelor care participa din echipaj.

4. Deci, la oprire, se comunica soferului motivul si nu poti fi sanctionat decat pe acel motiv (asta daca nu cumva ai portbagajul plin cu arme si doua cadavre legate la spate).

5. La amenda ai doua locuri unde semnezi: unul prin care recunosti fapta si al doilea ca iei la cunostinta de amenda. Deci puteti sa semnati ca luati la cunostinta de amenda...dar sa nu recunasteti fapta, si sa-l convocati la Tribunal sub asistenta juridica pe dumnealui.

6. Cel mai IMPORTANT: ori de cate ori aveti un necaz cu politia, fie noapte, fie zi, puteti sa sunati la 112 (Apel

National de Urgenta) si sa spuneti ca sunteti de echipajul cutare. In maximum 10 minute (in Capitala) apare un echipaj de la "Capitala" si astia nu se uita ca sunt colegi de-ai lor, vor face imediat un raport. Care poate fi totusi util la Tribunal.

7. Politistii de pe radare nu mai au voie sa dea filmul inapoi. Deci, daca va opresc si stiti ca nu ati comis-o prea rau, le cereti ferm sa va arate:

A. Legitimatia care atesta ca au dreptul de a lucra pe masina de radar... Sa aiba vizele la zi.

B. Copie dupa certificatul metrologic al aparatului radar cu modelul si seria aparatului.

C. Legitimatia care atesta faptul ca are dreptul de a conduce masina Ministerului de Interne... Sa fie vizata.

D. Daca mai fac scandal, le cereti sa va arate "ordinul de serviciu"... Este un fel de foaie de parcurs in care scrie unde au voie sa isi desfasoare activitatea respectiva.

Aceste acte trebuie sa fie intotdeauna asupra agentului de pe radar... Dar faptul ca-l mai intrebi de ele, de cele mai multe ori duce la un... simplu avertisment.

Sursa: <http://onlinereport.ro>

Transforma o foaie colorata intr-o punga de cadouri SUPERBA

Un proiect extrem de frumos: cum sa iti faci singur/a pungutele de cadouri cu doar doua ingrediente: o foaie

colorata si putin lipici lichid. Pentru decorare vei avea nevoie de o panglica colorata (indicat este sa nu fie in aceeași nuanță cu cea a hârtiei).

Sursa: youtube.com

35+ House Cleaning Tricks For People Who Hate Doing Chores

Hate cleaning? These time-saving tricks will be helpful next time you move. Or people are coming over.

1. Get Your Mattress Drunk

❌ Source: lonehomeranger.com

We spend 1/3 of our lives laying on a mattress that can't be washed. Or can it? Pour vodka into a spray bottle, spritz lightly across your mattress and leave it to air-dry. The alcohol kills odor-causing bacteria while it disinfects the mattress.

2. 5-Minute Microwave Cleaner

❌ Source: stackingthecool

Halve a couple lemons and put in a glass dish with water. Zap until the water starts to boil. Let it sit and steam for a minute before opening. The gunk can now be wiped away with little effort. You might want to share this one with that co-worker who's always exploding spaghetti in the break room.

3. Fool-Proof Ceiling Fan Cleaner

☒ Source: thehouseonhillbrook.com

Hook an old pillowcase over one fan blade at a time and slowly wipe it backward. The blade will be clean and the dust will be trapped inside (instead of in your hair).

4. Grease Stain Fixer

☒ Source: onelittleproject.com

Got greasy fingerprints on the walls? Cover the stains with white chalk, wait a few minutes and then wipe the chalk away with a damp cloth. Works on clothes too!

5. Quick-Dry Wet Shoes and Gloves

☒ Source: indieclectic

Shoes and gloves soaked through from rain or snow? Shove some crumpled newspaper inside to soak it all up. A sachet of plain uncooked rice works too.

6. Pet Hair Squeegee

☒ Source: emlii.com

Do you live with a four-legged friend who loves to shed? Sweep your carpet with a rubber squeegee (or run your hand over it while wearing a rubber dish washing glove) and prepare to be horrified by what comes up.

7. Speed Up Drying Time

Sursa: [youtube.com](https://www.youtube.com)

Pressed for time? Throw one clean dry towel in with wet clothes before starting the dryer. 15 minutes later, take it out. The dry towel will actually absorb some of the excess moisture floating around and speed up drying time.

8. No-Fuss Blender Cleaner

 StumbleUpon

Source: theburlapbag.com

Love smoothies but hate cleaning the blender? Just fill it with warm water and a drop of dish soap, then turn it on and blend for a few seconds. Dump, rinse with clean water, and dry.

9. Butter Knife in the Air Vent

 StumbleUpon

Source: homesweethomebodies.net

Cruddy air vent or A/C intake? Moisten a clean towel with your favorite cleaner and wrap around a butter knife. Now you've got the perfect tool to clean the narrow grate.

10. Revitalize Leather Furniture

 StumbleUpon

Source: fibrenew.com

Buff worn leather furniture with shoe polish. Scrapes and scuffs will disappear.

11. Onion Grill Cleaner

 StumbleUpon

Source: wonderhowto.com

Halve a white onion and use a fork to rub it back and forth over the grates of a hot grill. The onion will clean the grates and add a little extra flavor.

12. Easy Lipstick Remover

 Source: [stephanieheva](http://stephanieheva.com)

Spray the spot with hairspray, let it set for 10 minutes, dab with a damp washcloth, and wash as normal.

13. Pot and Pan De-Scorcher

 Source: bsicleaningservices.ca

Fill the bottom of the pan with water and add a cup of white vinegar. Simmer. Take the pan off the stove and add 2 tablespoons baking soda. Empty the pan and scrub lightly to remove burn marks.

14. Clean a Coffee or Spice Grinder

 Source: marthastewart.com

You can't put this appliance in the dishwasher and cleaning by hand will likely result in a cut-up hand. Instead pulverize

bread or uncooked white rice to remove old odors. Then grind 1 tablespoon baking soda to clean, and wipe thoroughly.

15. Lampshade Duster

 Source: creeklinehouse.com

16. Overnight Oven Cleaner

 Source: mommysavers.com

Put a bowl filled with 1/2 cup of ammonia into a completely cold oven. Leave overnight and wipe clean the next day. Easy peasy.

17. Shower Head Saver

 Source: areal-lifehousewife.com

Shower head covered with nasty hard water deposits? Pour distilled white vinegar in a plastic bag and fit it over the shower head with a rubber band. Let it soak for an hour (or overnight) then remove the bag and wipe scum away with a cloth.

18. Glass Sparkler

 StumbleUpon

Source: posedperfection.com

Tired of spotty, cloudy glasses? Just spray with some white vinegar and wipe with a paper towel.

19. Glass Dish Revitalizer

 StumbleUpon

Source: emlii.com

Nastiness baked onto your favorite glass dishes? Scrub them with a ball of aluminum foil and a little dish soap.

20. Dryer Sheet Redux

 Source: happymoneysaver.com

After they've freshened your laundry, use dryer sheets to clean anything—baseboards, your television or laptop screen, bookshelves—and the anti-static chemicals will actually repel dust in the future.

21. Splattered Stove Shortcut

 Source: onegoodthingbyjillee.com

Remember this kids: oil attracts oil. Next time your bacon breakfast makes a mess of the stove, add a few drops of vegetable oil to paper towel, then wipe the greasy surface and watch the oil disappear!

22. Microfiber Couch Miracle

 Source: dimitrajc

There's nothing grosser than a couch that looks like you pulled it out of the alley. Use a spray bottle to cover your couch with rubbing alcohol, then use a clean white sponge to rub the couch. Fluff the fibers with a hard bristle brush when done, and it'll look good as new.

23. Dishwasher Deep Cleaner

❌ Source: thepinjunkie.com

Even though it cleans other things, occasionally your dishwasher needs to be cleaned as well. Run it on its hottest cycle with nothing but a container filled with white vinegar in the top rack. Then, sprinkle some baking soda on the bottom, and run it again on a short-hot cycle. Be prepared to shield your eyes from the sparkle.

24. Soap Scum Annihilator

❌ Source: kitchendaily.com

Instead of scrubbing, spray cooking spray on your glass shower door and/or walls. Give it about 5 minutes and wash it off with soapy water and dry it. The oil in cooking spray will dissolve the soap buildup and lime deposits.

25. Quick Fix for Slow Drains

❌ Source: houselogic.com

Bathroom sink draining slow? Drop 4 Alka-Seltzer tablets down the drain, followed by 1 cup distilled vinegar. After 10 minutes, rinse with boiling water.

26. Easy Bathtub Ring Remover

❌ Source: apartmenttherapy.com

Ring around the tub? Cut the grapefruit in half and sprinkle the pink fruit with salt. Wet your tub and sprinkle additional salt on the bottom. Use the fruit as a scrubber, being sure to get the juice on every surface. Rinse clean and enjoy the fresh scent!

27. Sock Puppet Blind Cleaner

☒ Source: devablinds.co.uk

Put your hand in an old (clean) sock. Dip the sock in a bowl of equal parts water and white vinegar, then use it to wipe in between window blinds.

28. Water Ring Reverser

☒ Source: homemademamas.net

Water rings on wood furniture? Soak up excess moisture with a towel, then blast it with a hair dryer while still damp, and they should disappear.

29. Amazing Carpet Stain Lifter

☒ Source: homemakerchic.com

Carpet stain driving you crazy? Spray stain with a mixture of 2 parts water with 1 part vinegar. Lay a damp rag over the spot, then press a hot iron—set on the steam setting—on the rag for about 30 seconds. Repeat for really stubborn stains. It's like a mini Stanley Steamer!

30. No-Scrub Coffee Pot Cleaner

☒ Source: thekitchn.com

If you're addicted to caffeine, your coffee pot probably shows it. Fill the reservoir with equal parts white vinegar and water. Run the brew cycle halfway through, then turn off and let it sit. After an hour, turn it on and let the cycle repeat. When it's done, run two cycles with fresh water only.

31. Never Polish the Silver Again

☒ Source: theholisticingredient.com

If you have actual silver cutlery or dishes, you know polishing it can be a pain. Line a large dish with aluminum foil, add a 1/2 cup of table salt and a 1/2 cup of baking soda. Fill the foil-lined sink with hot water, and then dump in all your silver. After a 30 minutes soak, the tarnish will be gone. Just rinse and wipe dry.

32. Vacuum Up Vomit

✖ Source: veronicascreativespot

If your kid (or roommate) hurls on your sofa, don't panic. Make a paste of baking soda and water, and take a spatula or spoon, generously spreading it onto the affected area (be sure to hold your breath or you might vomit too). Let it dry overnight, and you'll be able to easily vacuum the whole thing up. Also works for urine and carpets (hooray).

33. Two-Step Foreman Grill Cleaner

✖ Source: angsays

If you don't clean it right away, you'll never get all the gunk out of the tiny ridges of your Foreman grill. Try this instead: When you're done cooking, unplug it, and press a couple of damp paper towels between the lid and the surface. The leftover heat will steam clean the grill. Wipe it dry with another paper towel and you're done.

34. Zero-Effort Toilet Cleaner

✖ Source: thediyguineapig

Scrubbing the toilet sucks, especially if more than one person has been using it. Instead of scrubbing, "fill a mason jar

with vinegar. Punch a couple of small holes in the metal lid with a nail. Drop that jar into your toilet's water tank upside down. With each flush, a little vinegar will seep out of the jar and keep your toilets clean and yucky growth-free!," explains Organic Authority. No mason jar handy? Snip off a section of one of those Mr. Clean Magic Eraser sponges and drop it right in the bowl before you go to sleep. In the morning, the ring will be gone! Just be sure to get it out before you flush.

Source: organicauthority.com

35. Simple Sponge Sanitizer

 Source: momsagainstcooties.com

You can also run it through your dishwasher's sanitize cycle.

36. Broken Glass Magnet

 Source: realsimple.com

There's nothing worse than stepping on a tiny remnant of that glass you broke last week. Carefully press a piece of white bread all over the area to pick up even the tiniest shards.

Sursa: <http://www.architecturendesign.net>

Cum pot obtine Cardul de Sanatate (pentru cei care nu

l-au primit)

Incepand cu 1 Mai 2015, pentru a beneficia de servicii medicale decontate de CNAS, este obligatorie prezentare Cardului de Sanatate CNAS .

Pentru ca sunt mai mult de 500.000 de romani care nu au primit cardul de sanatate, cred ca acest articol poate fi folositor.

Pentru cei care nu au intrat inca in posesia cardului, CNAS pune la dispozitie o pagina web cu detalii despre cum puteti intra in posesia cardului, [AICI](#)

Pentru a verifica existenta cardului in retururile primite de la Posta romana, [vezi AICI](#)

Mai multe detalii despre Cardul de Sanatate, [AICI](#)

[Verifică online dacă ești asigurat](#) la sistemul de sănătate [AICI](#)

In cazul **pierderii, furtului sau schimbarii datelor personale** inscrise pe cardul de sanatate, asiguratul va cere un duplicat. Aceasta se va intampla in termen de 15 zile calendaristice de la producerea uneia dintre situatiile expuse mai sus, titularul cardului sau, dupa caz, împuternicitul acestuia va solicita CAS (Casei de Asigurări de Sănătate) in evidentele careia figureaza, un nou card național de sănătate.

Costul duplicatului este de aproximativ 15 ROM (din care aproximativ 2,2 EUR + TVA costul de productie al cardului si aproximativ 2,75 RON + TVA cost distributie) si va fi suportat de titularul cardului.

Cum procedam?

Se depune la CAS, o **cerere de eliberare card de sanatate duplicat** si o copie a actului de identitate, insotite de dovada platii cardului si a costurilor de distributie prin servicii postale. Plata se va efectua la sediul Casei de Asigurari. Casa de asigurari de sanatate, va elibera o adeverinta valabila 30 de zile, timp in care trebuie sa primiti noul card. Asiguratul va primi acasa noul card. Din momentul depunerii documentelor, cardul va figura in sistem ca fiind inactiv, iar asiguratul va beneficia de servicii medicale in baza adeverintei primite.

5 Top Kitchen Tips

Sursa: [youtube.com](https://www.youtube.com)

Top 5 Alternative Sanatoase pentru Zahar

Un articol de Cristian Iacov

Este bine cunoscut faptul ca avem o tendinta interioara de a

indulci alimentele inca din primele zile de viata. Lupta impotriva dorintei coplesitoare de alimente dulci (dulciuri) nu este usoara, dar cu un pic de ajustare si substitutii adecvate, putem elimina complet zaharul din dieta noastra, fiind mult mai sanatosi. Va aducem mai jos o lista de alimente care sunt cel mai bun inlocuitor pentru zaharul rafinat.

Mierea

Mierea este un substitut excelent pentru zahar in aproape toate retetele. CITESTE IN CONTINUARE

Sursa: <http://www.secretele.com>

Doar 0 Lingurita din Acest Amestec Consumata Inainte de Fiecare Masa, Te Va Scapa de Kilogramele in Plus si Te va Proteja de Cancer

Un articol de Cristian Iacov

Acest preparat este perfect pentru tine, in cazul in care vrei sa-ti micsorezi dimensiunile taliei si sa scapi de excesul de grasime din sange. Acest amestec te va scapa si de colesterol, iti va imbunatati circulatia sangvina, te va proteja de cancer, iar daca ai probleme cu raceala, te anunt ca aceasta nu-ti va mai pune probleme de acum inainte.

De indata ce vei citi cum se face si dupa ce vei vedea ce ingrediente simple il alcatuiesc, sunt sigur ca nu vei mai sta pe ganduri si cand vei merge CITESTE IN CONTINUARE

Sursa: <http://www.secretele.com>

Very Useful TIPS For Traveling

Sursa: [ixigorocks youtube chanel](#)

Salvam mai mult de 75% din Populatia Lumii: Remedii Naturale Impotriva Sforaitului

Un articol de Cristian Iacov

Aproape 75% din populatia lumii sufera de sforait. Sforaitul intens nu trebuie neglijat intrucat acesta poate indica existenta unor boli destul de grave.

In acest articol suntem pe cale sa iti prezentam cateva remedii impotriva sforaitului care ti-ar putea schimba viata.

Ghimbir

Iata de ce ai nevoie : 2 radacini de ghimbir(4-5 cm), o cana de 500 ml de apa si cateva lingurite de miere (5-6). Se spala si se taie felii ghimbirul, se pune intr-o oala peste care se adauga apa. Fierbeti continutul CITESTE IN CONTINUARE

Sursa: <http://www.secretele.com>