

How To Make An All Night Campfire With Just One Log

The next time you're out camping, whether it's outdoors in the wilderness or right outside in your own backyard, try this hack out for an effortless campfire all night long. While there is definitely some prep work involved, it's well worth it if you don't need a huge bonfire, and more so if you plan on cooking meals over the flames.

In the video below, YouTube user Doogly demonstrates how to make a Swedish torch, which is also known as Swedish candle, Canadian candle, Swedish fire torch, Swedish log stove, or similar name, using a chainsaw. Basically, instead of tossing any firewood into your fire pit, grab one thick log and make two cuts. These cuts should be deep, at least halfway through the log, and should form an X on the top.

Sursa: [youtube.com](https://www.youtube.com)

Once your cuts are created, add fire kindling such as newspaper, brush, or even wine corks into the depths of the log and light them. Remember to keep the X facing upwards, so the flame rises from within the log rather than downwards and dangerously toward the ground.

If you don't have a chainsaw, you can attempt to use many thick cuts of wood together in the same shape, but you won't get the same exact effect.



Im

age Via Silver Skyline

These Are Good for Campfires & Cookouts

Once you've lit your newly cut log, you have a long-lasting fire that will keep burning until you're ready to hit your

tent. Yet this fire building technique offers more options than simply warmth and light—it also provides a ready-made stovetop for your camp cooking.



















Image via Hessie Scout Group

Nick Weston, writing for Back Woods Home, considers this log-cutting technique an excellent choice for outdoor chefs roughing it. After about 30 minutes of burning, the log's flat top becomes the perfect place to set a skillet.

As the wood and its flame continue to burn, it reaches a high enough temperature to cook on top of. And, the longer it remains lit, the higher the temperature—meaning you could even slow-roast your favorite meat directly inside of the log.





[1] After 30 minutes, use a skillet or kettle. [2] After 3 hours, you can slow roast meat inside!

Images via Back Woods Home

Another benefit to this easy-to-create camp stove is that it requires no effort. The log will continue to burn through the cuts, heating the wood from within its center and warming whatever you place on top.

The Type of Wood You Use Matters

Nick Weston also suggest considering what type of log you'd like to use before creating this long-burning fire. Different types of logs create different effects as they burn, and your choice may depend on the purpose of your campfire.



Im

age via Badgells Wood Camping

He recommends selecting a “well-seasoned” wood, rather than one that is stripped of its bark and natural growth. If you simply want to relax around your campsite, seek woods like pine, fir, and birch. Weston calls these soft woods, which give off the scent and light of the traditional campfires we all love.

However, this type of wood log isn’t the best for cooking food. If you plan to make your fire your own outdoor stove, Weston suggests avoiding any varieties of wood that give off soot and smoky taste. Instead, try to use hardwoods like beech, apple, cherry, and oak. These logs don’t hold much moisture, which prevents excess smoke, and burn better, according to Weston.

Cover images via Warren Hardy, dittidot/Reddit

Cum sa faci clatite fara faina – Un mic dejun care o sa-ti taie rasuflarea!

Un articol de Maya

Iubesc micul dejun, insa nu am intotdeauna starea necesara pentru a pregati ceva ingenios, mai ales ca prepararea sa este prima activitate de dimineata.

Daca tot o sa gatesc dimineata, bine ar fi ca reteta sa fie simpla si totodata gustoasa si sanatoasa.

Dar ce e asta?

O reteta din doua ingrediente pentru clatite, fara faina. Iata cum sa prepari uimitoarea reteta:

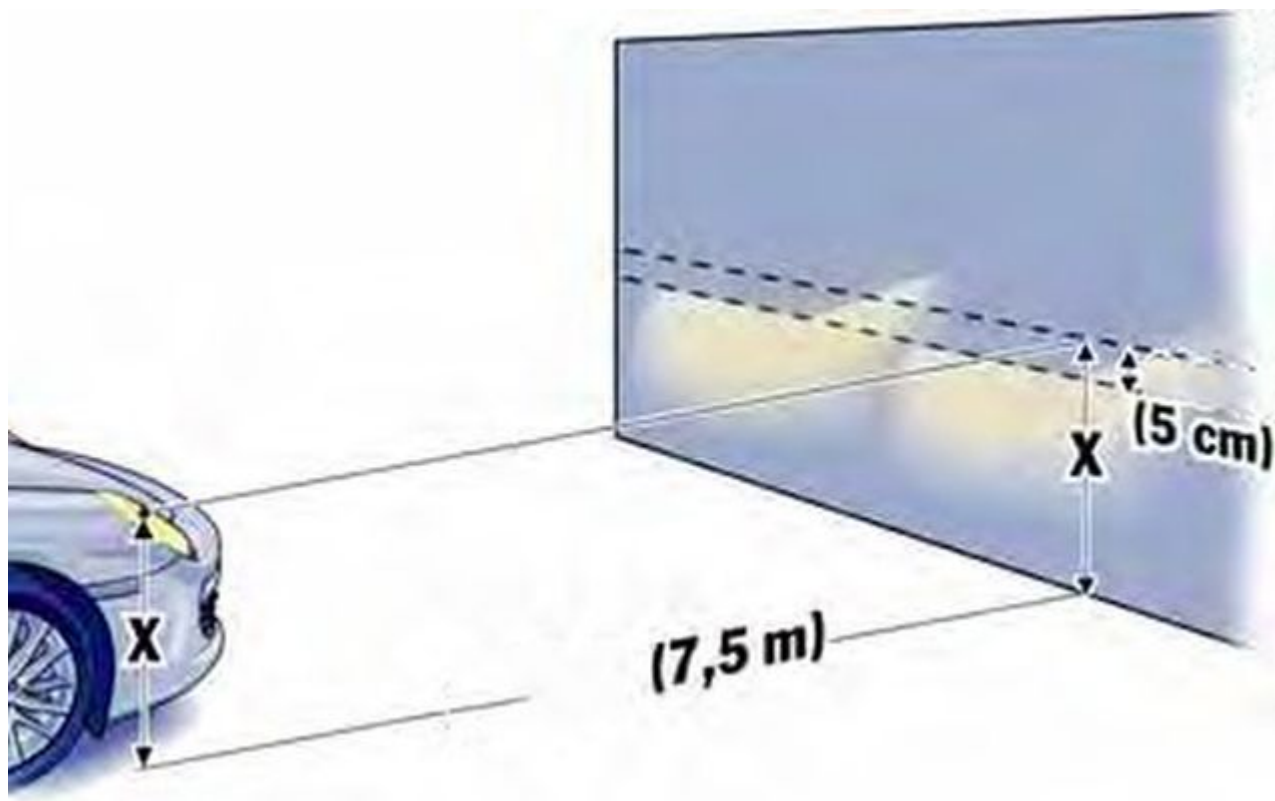
Inainte de toate trebuie sa recunosc faptul ca reteta este doar din 2 ingrediente, insa eu as adauga si niste sirop de
CITESTE IN CONTINUARE

Sursa video: youtube.com

Sursa articol: secretele.com

Cum să-ți reglezi farurile de

unul singur pentru a avea vizibilitate | VIDEO



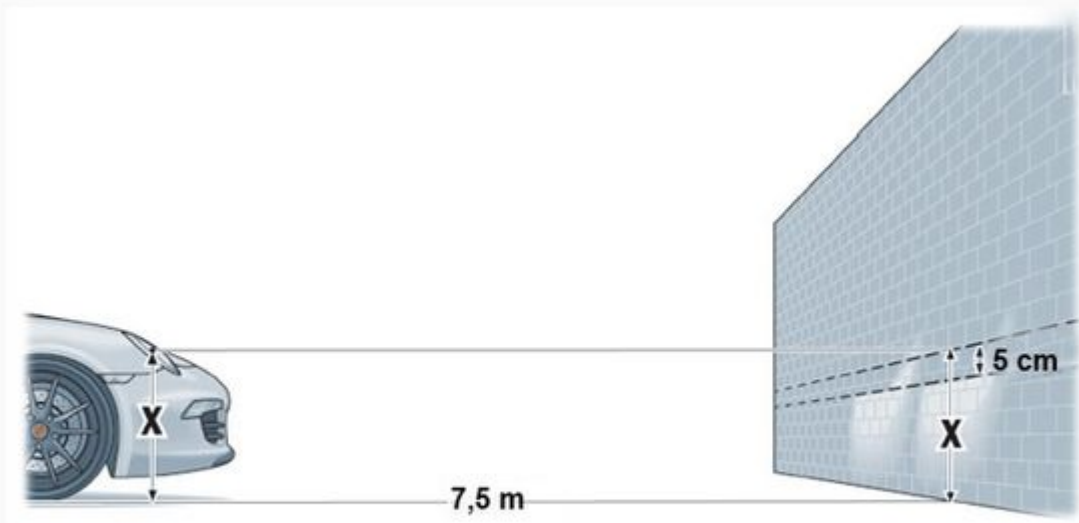
Mașinile zilelor noastre sunt inteligente. Cu toate acestea, nu toți șoferii știu cum să-și regleze faza scurtă și faza lungă. Iată ce trebuie să facă:

Service-urile au aparate speciale care reglează farurile în mod corespunzător. În lipsa acestor aparate, orice conducător auto își poate regla farurile după metoda „la zid”.

Veți avea nevoie de un scotch și o șurubelniță. Mașina se aliniază la o distanță de aproximativ 7.5 metri de un zid cu faza scurtă aprinsă. Limita superioară a luminii nu trebuie să se afle la 5 centimetri mai jos față de paralela orizontală trasată de la centrul becului farului până la perete.

Cu alte cuvinte, înălțimea de la sol până la delimitarea superioară a razei de lumină trebuie să fie cu 5 cm mai mică decât înălțimea de la sol până la lentila farului. Ca în

imaginea de mai jos.



Dacă reușiți să reglați astfel farurile, atunci lumina va bate corespunzător și participanții la trafic nu vor fi afectați. La fel se procedează și pentru faza lungă. Cu toate acestea, auto-bild.ro nu recomandă această metodă de reglare decât ca ultimă soluție.

Vezi AICI o altă metodă de reglare!

Sursa video: [youtube.com](https://www.youtube.com)

Sursa articol: [auto-bild.ro](https://www.auto-bild.ro)

Vrei sa stii cum sa pierzi grasimea de pe coapse in 30 de zile?

Un articol de Maya

Doamne dragi,

Relatiile voastre cu partenerii sunt afectate in intimitate? Faceti dragoste numai pe intuneric pentru a evita sa fiti vazute?

Urati la culme sa mergeti la cumparaturi pentru ca hainele sexy si la moda nu va mai avantajeaza?

Continuati sa cititi povestea mea despre cum am reusit sa scap de grasimea de pe coapse! Suisurile, coborasurile, ce a mers, ce n-a mers si finalmente singurul lucru care m-a ajutat sa scap de grasime.

Am fost si eu in locul vostru. Am vrut sa ma simt CITESTE IN CONTINUARE

<https://www.youtube.com/watch?v=V1A7kYaaMT4>

Sursa video: youtube.com

Sursa: secretele.com

Exerciții pentru un FUND DE NOTA 10! Le poți face la tine acasă | VIDEO

Toți de confruntăm cu lipsa timpului și dăm vina pe programul nostru pentru faptul că nu mergem la sală.

Fata din imagini îți arată ce exerciții pot face doamnele și domnișoarele, chiar la ele acasă pentru a avea picioare tonifiate și un fund de nota 10. Exercițiile ajută la dobândirea unor forme de invidiat, care îi vor înnebuni pe bărbați. Pentru rezultate cât mai bune, totul trebuie repetat cât se poate de mult.

Vezi mai jos cum se obține un fund ferm, de nota 10:

<https://www.youtube.com/watch?v=PLP32Bd28cA>

Sursa video: youtube.com

Sursa articol: pagina5.libertatea.ro

Petrol (Gasoline) Engine vs Diesel Engine

Sursa: youtube.com

Fishing Knot

Sursa foto: walkincountry.com

Palomar Knot Strongest Fishing Knot

Sursa: youtube.com

Best Fishing Knot

Sursa: youtube.com

The Only Fishing Knot You Need | The Uni Knot | Saltwater Experience

Sursa: youtube.com

How to tie Dropper Loop Fishing Knot

Sursa: youtube.com

Top 9 Fishing Knot

<https://www.youtube.com/watch?v=WKxn56Zs9Rg>

Sursa: youtube.com

FAST WEIGHT LOSS METHOD: BURN 100 CALORIES IN JUST 4 MINUTES.

Jim Saret, one of the most popular fitness coaches in the United States, has built a unique technique for fast and easy weight loss. Jim Saret specially designed set of exercises that promises to burn as much as 100 calories in only four minutes. This 4 minute workout involves squats, pushups, jumping jacks and lunges. It's a complete body workout, in just 4 minutes. "The nice thing about the four-minute workout is you're mixing calorie burning, endurance, and strength training. It's a combination of everything," Coach Jim says.

Here's how the Jim Saret's 4 minutes workout goes:

1. SQUATS

10 repetitions will do the trick.



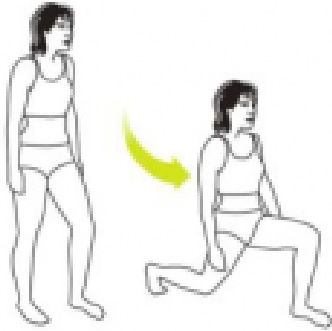
2. JUMPS WITH RAISING ARMS

Do the 10 repetitions.



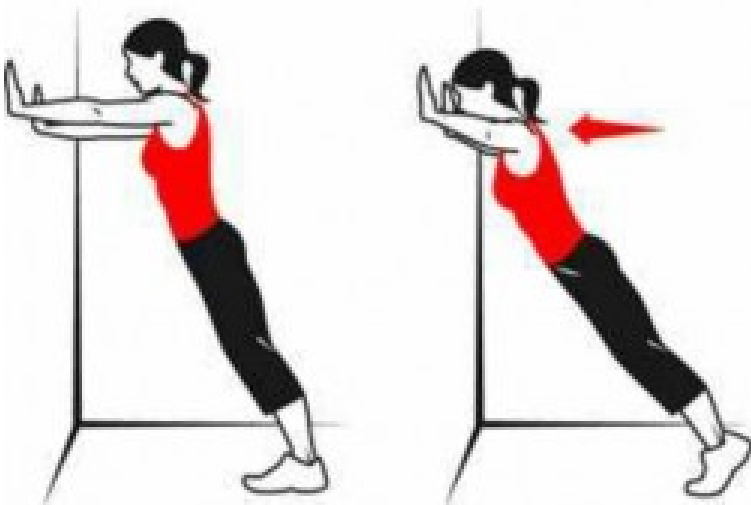
3. STEPPING

Perform 10 repetitions on each leg.



4. PUSH-UPS

Do it repeatedly up to 10 pushups. If you have difficulties with regular push-ups try doing them against the wall.



These exercises can be done in a short amount of time in four consecutive repetitions. Between the repetitions, take small breaks of about 1 minutes. Accordingly, this mini-complex of exercises can be converted to a full 20-minute training session.

Sursa: justforgirls.info

12 VERY USEFUL STYLE CHARTS EVERY MEN NEEDS RIGHT NOW

There are always some different rules between every man when it comes about men's fashion and the best stylish ways how to wear men's clothes. How do to figure out which shoes go with each shirt? Or do you match your shoes to your pants? Does it really matter which color socks I wear? There are a lot of guys who had no clue what to do and how to pick up the right combination for next going out. We have tried to help to all and we collect 12 super helpful style chart that every man must know. watch below and learn to be always modern and stylish. Enjoy!

1. WHEN IT COMES TO BUTTONS, FOLLOW THESE EASY RULES

 [source](#)

2. FROM THE CENTER: SUIT, SHIRT, AND TIE COMBOS.

 [source](#)

3. HERE'S A HELPFUL GUIDE TO PUNCHY PLAIDS

 [source](#)

4. CLOTHING "FIT TRICKS" EVERY GUY SHOULD KNOW – ILLUSTRATED

 [source](#)

5.HOW IT SHOULD FIT

 [source](#)

6.I LIKE QUARTER BREAKS FOR MY PANTS

 [source](#)

7.THE DEFINITIVE GUIDE TO ROLLING UP YOUR SLEEVES

 [source](#)

8.CHOOSING THE BEST SUNGLASSES FOR YOUR FACE SHAPE

 [source](#)

9.ONCE YOU'VE GOT YOUR SUIT FIGURED OUT, YOU CAN PICK THE BEST SHOES TO GO WITH IT

 [source](#)

10.HERE'S A MORE DETAILED GUIDE ON HOW PANTS, SHIRTS, AND JACKETS SHOULD FIT.

 [source](#)

11.WARDROBE COLOR GUIDE

 [source](#)

12.HOW TO MATCH SHIRT AND TIE PATTERNS

 [source](#)

Sursa: allforfashiondesign.com

7 extensii in 7 minute pentru a scapa definitiv de durerile lombare

Un articol de Calin Petru Barbulescu

Durerile lombare se numara printre cele mai frecvente probleme ale spatelui. Uneori acestea sunt difuze, alteori sunt pur simplu incapacitante.

Daca resimti dureri lombare sau daca vrei sa iti intaresti musculatura spatelui pentru a evita aceste probleme mai tarziu, cel mai indicat este sa efectuezi o serie de extensii care vizeaza in special aceasta zona a spatelui.

Vestea buna cu privire la aceste exercitii pentru alinarea durerilor lombare consta in faptul ca nu necesita mult CITESTE IN CONTINUARE

Sursa video : [youtube.com](https://www.youtube.com)

Sursa: [secretele.com](https://www.secretele.com)